

Clinical Trials & Research Opportunities

Last updated September 2025

Alzheimer's Association TrialMatch® and Clinical Trials Finder

[About TrialMatch](#)

Alzheimer's Association TrialMatch® is a clinical trial matching service for Alzheimer's and other dementias. It provides customized lists of clinical studies based on user-provided information. The free, easy-to-use platform allows you to see which studies are a good fit for you or a family member. Search for studies, sign up for study updates, or connect with researcher teams.

[About Clinical Finder](#)

The Alzheimer's Association will help you find out about what clinical trials are taking place nearby.

ClinicalTrials.gov

ClinicalTrials.gov is a resource provided by the U.S. National Library of Medicine. You can search for clinical trials by condition or disease, other terms such as a drug name or other keywords, and by country. You can also filter your search to find recruiting or completed trials and can find out the results. The trials are not just for pharmaceutical research, there are also long-term studies about disease progression and the effects of lifestyle and non-pharmaceutical interventions.

ClinicalTrials.gov is a database of privately and publicly funded clinical studies conducted around the world, so listing a study does not mean it has been evaluated by the U.S. Federal Government. Before participating in a study, talk to your health care provider and learn about the risks and potential benefits.

[ClinicalTrials.gov](#)

The BEYONDD Project - Biomarker Evaluation in Young Onset Dementia from Diverse Populations

The BEYONDD Project is looking for ways to better understand Early Onset Dementia (EOD) in **all** populations. Our researchers are looking to find ways to identify symptoms of early memory and thinking decline and you can help. If you are between the ages of 40 and 64 and are concerned about recent changes in your thinking and memory ability, the BEYONDD Project might be right for you. Volunteers from Latinx/Hispanic, Black/African American, Asian, Pacific Islander, and American Indian/Alaska Native communities are needed to help researchers improve and understand brain health in these groups.

When you volunteer, you have the opportunity to work closely with world-renowned experts and learn more about your own health. By participating, you'll have access to digital tests of thinking and memory, clinical laboratory tests, and feedback from our expert team – all from the comfort of your own home. If you are willing to come into one of BEYONDD's expert centers after completing the online study, you can access a one-on-one session with a BEYONDD doctor and brain scans. We'll share your results with you – all at no cost to you.

Join the study looking to lower the health disparities in the U.S. and ensure everyone is included in finding breakthrough discoveries around early dementia. By joining, you can leave a legacy of better brain health for yourself, your family, and our diverse community.

Learn more by visiting beyonddproject.org

[Alzheimer's Association](#)

HealthPartners Neuroscience Clinical Trials

For a list of current neuroscience clinical trials taking place at the HealthPartners Institute please see the [Neuroscience Studies](#) webpage. Each trial has a link to the email address and the clinical trials phone line 651-495-6363. Messages are checked regularly. Several examples of studies of interest are listed below:

A preliminary sham-controlled theta burst stimulation (TBS) study in early-stage Alzheimer's disease

The goal of this study is to examine the use of image guided transcranial magnetic stimulation (TMS) with short bursts of magnetic pulses to target abnormal brain circuits. This approach may help us understand Alzheimer's related changes in brain circuits and treat specific areas with TMS.

To learn more call: 651-495-6363 or Email: ClinicalTrials@HealthPartners.com

A Study of Remternetug Versus Placebo in Early Alzheimer's Disease Participants at Risk for Cognitive and Functional Decline

The goal of this study is to learn more about Remternetug, a possible new drug for the treatment of early Alzheimer's disease (AD). The study aims to learn whether Remternetug can delay the start or worsening of memory and thinking problems caused by AD; whether Remternetug works better than a placebo; and the possible side effects.

To learn more call: 651-495-6363 or Email: ClinicalTrials@HealthPartners.com

A Gait and Path Tortuosity System for Monitoring Cognitive Decline in Individuals at Risk for Alzheimer's Disease and/or Alzheimer's Disease Related Dementias (AD/ADRD)

This study will test a shoe insole and ankle device to determine whether it can accurately measure gait (the way that you walk). The overall purpose of this study is to use gait data from healthy people and people with cognitive impairment to develop a tool to help clinicians identify people at risk of dementia, such as Alzheimer's Disease.

To learn more call: 651-495-6363 or Email: ClinicalTrials@HealthPartners.com

Parcel-guided Transcranial Magnetic Stimulation for Anxiety in Parkinson's Disease

This pilot study aims to evaluate the feasibility, acceptability, and potential impact of Transcranial Magnetic Stimulation (TMS) as a treatment for anxiety in patients with Parkinson's disease (PD). The study will employ imaging techniques for precise targeting and a modified TMS protocol tailored to the unique needs of individuals with PD.

To learn more call: 651-495-6363 or Email: ClinicalTrials@HealthPartners.com

HATS - Healthy Aging Through the Senior Years Five-year study of brain health in older African Americans

HATS is seeking participants in an observational study of cognition (memory and thinking) and general health including heart health. The goal is to collect needed clinical information to learn how to prevent or reduce dementia and memory loss in the Black community in the Twin Cities and in the U.S. generally.

This study was designed to include the Twin Cities Black community.

Participants receive:

- Assessments on memory and thinking function
- Blood pressure measure
- Cholesterol tests
- Walking (gait) ability
- Grip strength assessment
- Educational information
- Participant compensation

Call 612-283-6746 or email HATSstudy@bermancenter.org

[HATS](#) - Hennepin HealthCare Research Institute

University of Minnesota Families and Long-Term Care Projects

The mission of The Families and Long-Term Care (LTC) Projects is to build systems and solutions that empower and improve the quality of life of persons with memory loss and their families across racial, ethnic, and socioeconomic boundaries.

There are multiple opportunities for families, persons with memory loss/other chronic conditions, and care professionals to participate in research projects that seek to design and evaluate innovative programs.

You can also become part of a registry which provides the Families and Long-Term Care Projects permission to contact you in the future about any upcoming opportunities to participate in our research as well other basic information. It does not enroll you in any study. For more information see the Families & LTC Care Projects [webpage](#).

Contact Joe Gaugler, PhD at gaug0015@umn.edu or 612-626-2485 for more information.

For more general inquiries about participation for studies across the University of Minnesota, please see: [StudyFinder: UMN](#), or [review the list of current research projects](#).

[University of Minnesota School of Public Health](#)

University of Minnesota Home Alone Study

Home Alone is a research program being led by Dr. Gaugler and the Families & Long-Term Care team at the University of Minnesota. The goal is to help older adults with memory concerns who live alone.

Home Alone offers 7 coaching sessions by phone or video. Select in-home sessions may be offered to those living in close proximity to the University of Minnesota. Sessions promote well-being and living safely. Coaches share strategies for lifestyle planning and increasing meaningful activity. Researchers want to find out what participants think of the program.

This study is looking for:

- Older adults (55 and over) with memory concerns
- Who live alone
- Who do not live in a nursing home, assisted living, a group care home, or similar residential setting that provides care and services

As a part of the study, participants will be asked to:

- Take an initial survey that takes about 60 minutes.
- Work with a trained Home Alone coach in 7 weekly sessions. Sessions typically last about 1 hour.
- Take two follow up surveys: one after you have completed the coaching sessions and one 6 months after the initial survey (about 45 minutes each).
- If selected, participate in a 15–30-minute phone interview after completing the 7-session program to give your feedback on the Home Alone study.

We will ask you to participate for about 6 months. Your participation is voluntary. You can withdraw at any time. Participants will be compensated up to \$100 for your participation. You can find more information on the flyer or via the study website: [Home Alone - Projects and Research Studies - School of Public Health - University of Minnesota \(umn.edu\)](https://homealone.umn.edu)

Contact the Home Alone Study Team at 612-440-2697 or HomeAloneStudy@umn.edu

For more information: [Home Alone flyer](#)

[University of Minnesota School of Public Health - Projects and Research Studies](#)

University of Minnesota Smartwatch Reminder System

Does your loved one struggle to remember names? The University of Minnesota is researching a new technology that could help improve quality of life. The Smartwatch Reminder System is designed to help people with memory concerns remember names and relationships by displaying photos and information about home visitors on a wristwatch.

- Seeking persons with mild-to-moderate memory loss living at home and their care partner to participate in a 6-month study.
- The study evaluates whether and how the smartwatch system can help people with memory concerns.
- Participants will receive either the Smartwatch Reminder System or supportive phone calls. Each pair will be compensated \$100.
- Participate by completing 3 surveys from the comfort of your home. A few pairs will be selected for in-depth, virtual interviews.

For more information contact 612-626-9576 or email memoryaid@umn.edu

[University of Minnesota School of Public Health](#)

mGlide-Care: A Study to Support Hypertension Care in Older Adults with Memory Problems

Researchers at the University of Minnesota want to find ways to help older adults with dementia and hypertension manage their high blood pressure. The University of Minnesota is seeking volunteers to participate in focus groups for the mGlide-Care study. Participants will receive a \$50 Target gift card for each focus group meeting, up to \$150 for attending all three meetings.

Who can join?

This study may be a good fit for older adults with dementia who also have high blood pressure and a smartphone.

What does this research involve?

If you decide to take part, you and your caregiver would attend three 60 minute focus groups. Focus groups involve answering surveys, talking about your experience with managing high blood pressure, and learning how to use a wireless blood pressure Monitor. Our focus groups will take place at the Epidemiology Clinical Research Center.

To learn more about this study, please contact our study team:

Call 612-626-7979 or mGlideCare@umn.edu

University of Minnesota

Share your Caregiving Stories to Help Future Doctors

The Center for Healthy Aging and Innovation is offering an opportunity for caregivers to share their stories and teach future doctors how to better serve patients and families dealing with dementia and other neurological disorders.

Here is a [link](#) to a brief survey tool to allow the University of Minnesota Medical School to contact you about such an opportunity.

The interviews by medical students would be via Zoom on certain afternoons, starting in September. The information provided is kept confidential and only shared with staff involved in this teaching program.

Edward Ratner, MD
 Acting Associate Director, GRECC
 Minneapolis VAMC
 612-290-4925 (direct)
 612-467-2051 (GRECC office)
[Minneapolis GRECC - Geriatric Research Education and Clinical Center \(GRECC\) \(va.gov\)](http://www.grecc.org)

Share Your Story: Black immigrants living with memory loss/dementia and their caregivers

We want to understand how culture influences the experiences and process of caring for persons with memory loss/dementia in the Black immigrant community.

You are invited to share your experiences with us through an interview that should take 30-45 minutes and we will give your \$50 in appreciation for your time. The interview can happen over Zoom or in person at a place that you chose. Participation is voluntary.

Eligible participants: Black immigrants (e.g. Afro-Caribbean, African immigrant, Afro-Latino/a etc.) persons living with memory loss/dementia and their family members.

- A Black immigrant that is 50 years or older and is living with memory loss/dementia.
- A Black immigrant who is 18 years or older and is supporting a family member who is living with memory loss/dementia.

To schedule an appointment or confirm eligibility, contact:
 The Black Immigrant Project - Phone: 612-624-3904 - Email: africanmem2021@umn.edu

This research is being conducted by researchers at the University of Minnesota
 IRB study number: STUDY00017817.

Paradoxical Lucidity (LEAD) Study

Dr. Joan Griffin, a family caregiver researcher at Mayo Clinic, is leading a study to better understand lucid episodes among people with later stages of Alzheimer's disease and other dementias. A lucid episode is when there is a spontaneous return of meaningful, relevant communication or other abilities that were believed to be permanently lost.

You may be eligible to participate in this study, if you are:

- Currently a family caregiver of someone who has moderate to severe difficulty with their memory, attention, or focus due to Alzheimer's disease or another dementia
- Age 18 and older
- Are willing to complete short monthly online surveys for 12 months.

The surveys ask about your experiences caring for someone with Alzheimer's disease or other dementias. Monthly surveys will provide time to reflect on your loved one's wellbeing and the care you provide. Surveys may help participants process stress and increase their well-being. Surveys include questions about decreased cognitive function and if the person with ADRD dies during the course of the study, questions about grief. These may make some participants sad. However, the benefits of this research are likely to exceed these risks.

Each month you complete your monthly questionnaire, your name will be entered into a drawing for a \$100 gift card. We will randomly pick 3-5 caregivers a month to receive the gift cards.

The University of Minnesota Caregiver Registry is pleased to be part of this landmark study with Dr. Griffin, along with USAgainstAlzheimer's A-List and the Brain Health Registry. With the results, we will develop educational materials for caregivers, healthcare providers and the wider dementia community to improve understanding of this powerful phenomenon in Alzheimer's and related dementias.

[Click here](#) to learn more about this study and see if you are eligible to participate.

Preventing Pressure Injuries When Caring for People with Alzheimer's Disease or Related Dementias

Our team is researching technology to monitor factors that can lead to skin breakdown in people who sit for long periods and have memory impairments. The technology's purpose is to provide caregivers feedback about conditions that can cause skin problems, such as wetness or pressure.

We are interested in your responses to a short survey that will help us better understand the unique needs of caregivers as it relates to managing skin health. You can access the survey by [clicking here](#).

We are also interested in talking more in-depth about the technology features with a small group of 6-7 caregivers. The small focus groups will be held online using Zoom, will last 1-2 hours each, and will happen 2-3 times in Fall 2023.

The National Institute of Health funds this research project conducted by a team from Adapt Design Works, the University of Minnesota, and the Minneapolis VA. Your participation is completely voluntary, and you can stop participating anytime. Focus group members will receive payment in the form of Amazon gift cards.

Thank you so much for your time and consideration for participating in this project. If you have questions about the project, please contact one of the study team members at the email addresses below.

Dr. Tamara Vos-Draper – vosdr001@umn.edu
 Dr. Christine Olney – Christine.Olney@va.gov
 Mr. Robert Wudlick – rob@adaptdesignworks.com

LBD Study

Mayo Clinic / UF Health - Norman Fixel Institute for Neurological Diseases

Volunteers are needed to help doctors and researchers understand the experiences of people with dementia with Lewy bodies (DLB) and their caregivers during moderate to advanced DLB stages.

This study aims to understand what changes might predict the end of life in people with dementia with Lewy bodies (DLB). This information will help patients, caregivers, families, and health care professionals know what to expect in later stages of DLB. It will also help identify what changes might suggest that someone is approaching the end of life, and how to make that time a good experience.

Are you eligible?

This study is enrolling individuals with DLB and their main caregiver. Those who are enrolled must currently receive routine care at Mayo Clinic in Rochester. The person with DLB and

the caregiver must be willing to participate as a pair. To participate, individuals must have at least moderate DLB and the caregiver must be able to answer questionnaires relating to the DLB and caregiver experience. After agreeing to participate, a screening visit will include three brief questionnaires to make sure the volunteer pair meet the study criteria.

What's involved?

Each study visit after screening will include several questionnaires about the experiences of a person with DLB and their caregiver, and will primarily be answered by the caregiver. Study visits can take place in-person, or by video call or telephone if preferred. Study visits will take place once every six months for up to three years.

Compensation

Each pair will receive \$100 in compensation after each visit given time and travel expenses.

If you are interested in learning more or participating, please email Shayna Amos at Amos.Shayna@mayo.edu

Connect2Caregivers Research Study

Mayo Clinic Study Participation Opportunity **X**

Dementia caregivers often assume a greater caregiving burden than do non-dementia caregivers. Many caregivers do not have the adequate support they need.

Peer-to-peer support has been shown to improve quality of life, increase use of services, improve caregiver health, and reduce hospitalizations in the person they are caring for. This study will help determine whether caregivers of persons with dementia would find a technology-based matching program valuable for the purpose of enhancing emotional support.

Participants in this 15-month study will complete an online matching profile, engage with caregivers they are matched with, complete questionnaires approximately every three months, and touch base with the study coordinator.

Compensation is available for participants.

For more information or to complete an eligibility screening:
Email connect2caregivers@mayo.edu or [go to this link](#).

START (Synaptic Therapy Alzheimer's Research Trail) Study

The START (Synaptic Therapy Alzheimer's Research Trial) Study is testing an investigational treatment (CT1812) to see if it can help slow memory loss caused by Alzheimer's disease (AD).

The trial, which is being conducted at multiple centers, including the Mayo Clinic in Rochester, aims to see if CT1812 can slow memory loss associated with Alzheimer's disease by protecting connections in the brain called synapses.

It lasts about two years and you will be asked to make about 24 visits to the study site to see doctors who will closely monitor your health. By participating, you or your loved one could be an important part of finding new treatments for people with AD.

To qualify for this study you or your loved one must:

- Be between 50 and 65 years old
- Have a diagnosis of mild AD dementia, OR a diagnosis of mild cognitive impairment (MCI) due to AD, OR memory concerns noticed by another person.
- Have a study partner who can come with you to some visits and take part in some testing.

There are more requirements to qualify for the START Study. The screening process includes testing. Someone on the study team can discuss the testing with you.

To learn more about the START Study, visit [START-Study.org](https://start-study.org) or call 1-833-782-7833. You can also reach out to Tasha Loftin at the Mayo Clinic's Alzheimer's Disease Research Center by emailing ADRCOutreach@mayo.edu.

[The Mayo Clinic - Alzheimer's Disease Research Center](#)

[Cognition Therapeutics - Clinical Trials](#)

PD GENERation: Mapping the Future of Parkinson's Disease

PD GENERation: Mapping the Future of Parkinson's Disease is a national initiative that offers genetic testing for clinically relevant Parkinson's-related genes and genetic counseling at no cost for people with Parkinson's disease (PD). Participation can be either in-person at one of our participating Centers of Excellence sites or from home through a telemedicine appointment and at-home cheek swab collection kit.

In 2023, we reached a significant 74% recruitment milestone — providing genetic testing and counseling to 13,600 participants. The study has identified that 12.7% of participants have a genetic form of PD. The study will be expanded in 2024: [Parkinson's Foundation to expand genetic research](#).

To be eligible for this genetic testing project you must have a confirmed diagnosis of Parkinson's disease (PD) by a physician.

[Click here](#) to find out more and to enroll in this project

[Parkinson's Foundation](#)

The Syn-D Study

Have you heard about the skin test that may help diagnose Lewy body dementia? Would you like to participate in research on the test?

CND Life Sciences, the company that produces the Syn-One test, is now studying its ability to tell whether a person with early-stage cognitive impairment has dementia with Lewy bodies (DLB) or Alzheimer's disease (AD). This study is called the Syn-D Study. Participants will visit a study site twice during the study, with each visit lasting approximately 3 hours. During these visits, participants will have a neurological exam, complete questionnaires, give a small blood sample, and have three small skin biopsies taken. Participants can earn \$100 per completed visit. At the current time, this study is only seeking participants with DLB, not those with PDD.

Inclusion criteria: both sexes, ages 50-85, Stage: "early stage" DLB (dementia with Lewy bodies) - this includes MCI (mild cognitive impairment), and may also include mild DLB dementia, but does not include moderate or severe DLB dementia. NOTE: This study does NOT include PDD (Parkinson's disease dementia).

[Click here](#) for more information.

[Lewy Body Dementia Association](#)

The PERSEVERE Study

PERSEVERE is a national study funded by the National Institutes of Health, led by Dr. Jori Fleisher at Rush University Medical Center in Chicago, IL, which is testing an educational program for family caregivers of people with Parkinson's Disease with cognitive impairment, Parkinson's Disease Dementia, Dementia with Lewy Bodies, or Lewy Body Dementia.

PERSEVERE will test whether a disease-specific, caregiver-centered educational intervention improves caregiver knowledge, confidence, strain, and health outcomes – and whether it helps people living with dementia too.

Family caregivers will receive weekly educational guidance through a 12-week curriculum with resources and activities. All participation is virtual and scheduled when it works for you.

There are no in-person visits and the person with Parkinson's Disease, Dementia with Lewy Bodies, or Lewy Body Dementia does not participate—just caregivers. Caregivers fill out online surveys and assessments at baseline and every two weeks throughout their involvement in the study, including a six-month follow-up period after the 12-week curriculum.

The PERSEVERE curriculum has been designed by and for caregivers across the caregiving journey, including those who were past caregivers.

Curious to see if you are eligible?

[Click here](#) for more information and to complete the pre-screening survey.

[Click here](#) to watch a video providing more information about the study and hear testimonials from prior PERSEVERE study participants.

Email persevere@rush.edu with questions.

July 2025 Update:

At this time, we are hoping to reach:

- Caregivers currently caring for a loved one whose had cognitive symptoms or hallucinations for less than 3 years
- All current or former caregivers from underrepresented populations (male, rural-dwelling or non-Caucasian)
- We are particularly interested in reaching male care partners, rural-dwelling care partners, and individuals of color who are often missing from PD/LBD research.

Opportunity for Input: Stanford University Survey for Caregivers During Pandemic

Dr. Ranak Trivedi from Stanford University is conducting a research study to understand the experience of caregivers during the COVID19 pandemic. This is an international, anonymous, online survey that will help us understand the unique needs of caregivers. We can then use this information to provide better support.

[Complete the survey to make sure your voice is heard!](#)

Seeking Caregivers of Older Adults with Dementia to help improve Diagnostic Communication

Dr. Lauren Bangerter and her team are looking to recruit family caregivers of older adults with dementia (over the age of 65) to help develop a communication tool that older patients, caregivers, and/or family members can use to prepare for their health appointments, improve communication with their care providers, and empower them to take active roles in their care and diagnosis.

Participation involves:

- 1-hour virtual interview
- Feedback on a communication note sheet
- Anonymous survey about yourself and your experience

Participants will receive a \$100 gift card for their full participation.

For more information, please contact:

Allie Tran, PhD, RN – Senior Research Scientist
Phone: 667-895-5353 Email: alberta.k.tran@medstar.net

Deanna-Nicole Busog – Project Coordinator
Phone: 202-451-6955 Email: deanna-nicole.c.busog@medstar.net

[MedStar Health](#)

People Power Caregiver System

We know that caregiving is hard. If you are a caregiver for a person with dementia or mild cognitive impairment, this study is for you.

You may be eligible to participate in a research study for caregivers of people with dementia or mild cognitive impairment. The study is being conducted by Gene Wang (Care Daily) funded by the National Institute on Aging for a limited number of family caregivers. Caregivers pay nothing and earn up to \$80.

What will happen? The research is conducted in your home, and you may receive two Apple Watches for you and your care recipient to wear which our technical support team will help you set up virtually. The system learns daily activity patterns and can warn caregivers about incidents of concern and potential hazards including falls and wandering.

You will be asked to complete a short phone survey (approximately 5 minutes in length) every week for 16 weeks, whether or not you have been randomly selected to receive the Watches.

Compensation: You will be compensated \$5 for every weekly survey that you complete over the 16-week trial period. Payment will be provided after the trial period ends for the number of surveys that you completed. For example, if you complete 10 of the 16 weekly surveys, you will be paid \$50.

To participate: You must be a spousal or familial caregiver currently living at home with a person with dementia or mild cognitive impairment. You must also own an Apple iPhone.

[Apply Now](#)

The PREVENTABLE Study

The PREVENTABLE study is testing if a statin, used to help lower bad cholesterol, might preserve brain health. Statins keep blood vessels healthy and reduce inflammation in the body so they may play a role in lessening the risk of dementia.

Participating in PREVENTABLE is easy! We are recruiting 20,000 participants across the U.S. to join. You can enroll in the study in a clinic or by phone from anywhere in the country, the study drug or a placebo is shipped directly to you, and the study team will follow up with you by phone. These procedures can be done at home or in the clinic:

- Have blood drawn (for in-clinic visit only).
- Do brief memory and physical tests.
- Be randomized to take the study drug or the placebo. You will take one (1) pill a day. You will not be charged for the study drug or any study-related procedures.
- Have one (1) follow-up phone call a year which should take about 30 minutes.
- The study will last about five (5) years.

Ask your questions in a weekly online informational meeting! Register at preventablecommunity.org or see if you qualify now by calling 833-385-3899. A member of the study team will discuss the study with you and answer any questions you may have. Coordinators who speak Spanish are available.

Study contact email address: preventable@dm.duke.edu.

PREVENTABLE Study [Webpage](#)

PREVENTABLE Study [Research Details](#)

Nuestros Dias: Study on the daily experiences of Latino/a caregivers

The University of Alabama at Birmingham is conducting a study for Hispanic and Latino Caregivers of individuals living with dementia. Participants will help us identify factors that increase resilience to stress and help us establish the evidence base for culturally responsive, integrative interventions to support caregivers and dementia patients from the Hispanic and Latino community.

You may qualify for this study if you:

- Are Hispanic or Latino/a
- Are 18+ years
- Take care of a relative living with dementia
- Live with the person living with dementia you care for
- Have a computer, phone or tablet with reliable internet access

This study involves:

- Surveys performed online.
- Three extended surveys (30 minutes to complete), the baseline, and two follow-ups (six- and twelve-months after).
- After the extended surveys participants will complete a series of daily surveys for 21 days. These surveys take between 5-7 minutes to complete
- Participants will be compensated for participating in the study
- All the surveys are available in English or Spanish

You can contact the research team at starlab@uab.edu or 205-996-0364.
Para Español llame al 205-996-0339.

Finding Ease in Caregiving 8-Week Class

Tired? Stressed? Are you a caregiver of someone living with dementia? Arizona State University researchers are looking for participants interested in helping us understand more about reducing caregiver stress while empowering caregivers. Join us for a FREE weekly class.

The Finding Ease in Caregiving Program aims to reduce the stress associated with caregiving and provide caregivers with new resources to face the challenges of caregiving. Under the direction of Professor Robert Kaplan, we focus on helping you find ways to ease and cope with the stresses that come with caregiving.

We are looking for participants interested in helping us refine this program through participation.

This virtual study is delivered through Zoom. Each class meets for 1 hour a week for eight weeks. Participants are asked to complete three surveys during the program and can earn up to \$90 for their participation.

Since this program is all virtual, no commuting is required. We welcome caregivers of individuals living with dementia from throughout the US. Classes are forming now!

If you want to participate, please complete the survey here: <https://links.asu.edu/FindingEase> and specify how the research team can best contact you.

Please consider sharing this information with those in your network who may benefit. Contact Dr. Aaron Guest at aaron.guest@asu.edu with any questions or call 602-496-0782

[Edson College of Nursing and Health Innovation](#)

East Carolina University Survey to Enhance Care and Support

East Carolina University is seeking individuals with dementia or mild cognitive impairment and their caregivers to join a research study by participating in a survey expressing your needs and thoughts about how to best serve you and your caregiver. Together we can help enhance care and support services for you and your caregiver and improve well-being! The purpose of this study is to better understand the needs and experiences of those facing the disease and their family caregivers to improve health and well-being.

Once you consent to participate in the study, you will be asked to provide your name and email address for the communication purpose regarding the research study. There will be two surveys; one will be completed by the caregiver and the other will be completed by the person with dementia. The survey will take approximately 30 minutes. The person with dementia can also participate in the Focus Group session.

Who is eligible?

Caregiver:

- Do you take care of an adult (age 50 years or older) with dementia or cognitive impairment?
- Do you provide help to a person with a variety of daily living tasks such as eating, dressing, etc., for at least five hours per week for the past three months or longer?
- Do you receive no financial compensation for your assistance?
- Receive \$15 gift card for survey completion

You are eligible as an informal caregiver to participate in the research study.

Person with Dementia:

- Do you have a dementia diagnosis and/or need help performing daily living activities (e.g., eating, dressing, etc.)?
- Do you receive help without paying the person who helps you?

- Receive \$15 gift card for survey and \$15 for focus group participation
- You may be eligible to participate in the research study.

Contact: Dr. Rashmita Basu at 252-744-2785 or basur19@ecu.edu

CareVirtue Planner Study

Indiana University, in partnership with CareVirtue, is conducting an NIH-sponsored research study seeking family caregivers of individuals with Alzheimer's disease and related dementias.

Participants will use the CareVirtue Planner, a personalized legal and financial planning platform, for three months and provide feedback about their experience. Compensation of up to \$150 is offered, and participants will have free access to the platform for one year, with the option to continue with a paid subscription afterward.

If you are interested in participating or to learn more, please contact our study team led by Dr. Werner at werneriu@indiana.edu.

LGBTQ+ Family Caregivers Study

Researchers from Indiana University recently received funding from the National Institutes of Health (NIH) to learn more about the physical activity habits of LGBTQIA+ people who provide care for loved ones living with Alzheimer's Disease or other forms of dementia.

Further understanding these habits and social networks will aid the development of programs to help caregivers and improve patient outcomes. The research team is currently looking for SGM (sexual and gender minority) / LGBTQ+ family caregivers to participate in this research study.

Participation in this research includes an online survey and a Zoom interview with a member of the research team. The Zoom interview will take approximately one hour. For this study, we will talk to you about your role as a caregiver of someone with dementia and the needs you may have related to physical activity. You may also complete a short survey related to your current activity and future programming. If you agree to participate, you will be compensated up to \$75.

To be eligible, participants must:

- Be a self-identified primary caregiver for someone with Alzheimer's disease or related dementia
- Self-identify as a sexual and/or gender minority [i.e., LGBTQ+]
- Be over the age of 18

If you are interested in participating or learning more, please contact our study team, led by Dr. Drew Pickett, at heblab@indiana.edu. Your email will not obligate you to take part in the research study. Your participation is completely voluntary, and you can change your mind at any time.

Rice University Caregiver Research Study

The T-SCAN Lab at Rice University is seeking primary caregivers for a loved one with Alzheimer's Disease or other dementias. The purpose of this research study is to investigate the role of emotion processing and coping in people who are serving as the primary caregivers for a loved one with Alzheimer's (or other related dementias). Specifically, we're seeing how thinking about emotional situations in different ways may help in managing the stress of caregiving.

If you are interested in taking part in this study, you will be asked to complete a telephone screening call with a member from the research team (approximately 20 minutes) to assess eligibility. Interested individuals who are eligible based on the telephone screen will then include:

1. A 30-minute online consenting session via Zoom, which is a video communication tool. This consenting session will include a general introduction to the study and the review/signing of consent/HIPAA forms with the aid of a researcher.
2. A 1-hour training session via Zoom. This initial session will include a general introduction to the study procedure, online questionnaires, heart rate monitoring using a mobile phone app and pre-mailed chest band, and a picture-rating task.
3. Mobile assessment for one week; for this mobile portion of the study, you will answer brief surveys 5 times throughout the day (one in morning and four random times). The first survey will be a picture-rating task, which will take approximately 5 minutes to complete. The random surveys will be sent to your phone at four random times throughout the day, and
4. A completion of heart rate monitoring using a mobile phone app & pre-mailed chest band and a series of online questionnaires for 4 additional time points after the initial session (1 week, 2 weeks, 4 weeks, and 3 months). The questionnaires and heart rate monitoring should collectively take about 40 minutes each time.

T-SCAN Lab staff are available to assist with using technology involved in this study.

We are looking for participants who 1) are the principal person taking care of a loved one with a physician-based diagnosis of dementia/Alzheimer's Disease, 2) have a smartphone and 3) are providing at least 4 hours of active care per day. In total, this study will take approximately 6 hours to complete and participants can be compensated up to \$120 for this study via Amazon e-gift card.

The principal investigator of this study is Dr. Bryan Denny in the TSCAN Lab at Rice University. To get more information about the study, please contact us at caregivers.tscan@gmail.com or 713-348-3528.

This research study (IRB-FY2018-336) has been reviewed and approved by Rice University's Institutional Review Board. If you have questions, you can contact an IRB Administrator at irb@rice.edu or 713-348-3586.

Music Sleep Study

Are you a caregiver for someone who has memory problems and trouble sleeping? Duke University Medical Center School of Nursing is conducting research on the effect of music on sleep. The goal of this in-home research study is to introduce music that promotes healthy sleep and improves overall well-being in older adults with memory loss.

Who is eligible:

- People who care for someone with memory problems who lives at home and has trouble sleeping
- People who care for someone age 60 and over.

About the Study

- You will be asked to try out a new mobile music listening application for 1 week.
- You will receive daily phone calls with questions about your experience.
- At the end of 1 week, you will be asked questions about your experience with the mobile application which includes a short interview over Zoom.
- Upon completion of the study, you and your loved one will receive a \$50 gift card.

[Click here](#) to fill out the research interest form.

Questions? Contact Darina Petrovsky at 919-681-7041 or PetrovskyResearch@Duke.edu.

Call for Participation - Shared Decision-Making in Parkinson's Disease

Exploring Perceptions and Predictors of Shared Decision-Making in the Pharmacological Management of Parkinson's Disease: Insights from Patients and Providers.

The purpose of this study is to explore how individuals with Parkinson's Disease and their healthcare providers make clinical decisions for the pharmacological management of the disease. If you agree to join this study, you'll be completing a survey.

The survey can be done online via a survey link. The survey will last about 10-15 minutes and will include questions about demographics, shared decision-making, and health literacy. Everything you share during the survey will be kept private and confidential. Any data collected for this study may be published or presented at scientific meetings without disclosing your name or other identifying

information. Data will be maintained in secure research folders, which are only accessible by research staff, who are all associated with the University of Jamestown. Any identifying information will be destroyed as soon as the final analysis is completed.

[Click here](#) for more information about the survey. At the bottom of the page, you'll find the survey consent question which will take you to the survey. If you have questions or concerns about this study, contact the researcher: Paula Abola at paula.abola@uj.edu.

[Click here](#) for more information about the researcher, Paula Abola.

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